

Menus for January 2018

Families Making the Connection

Whole School, Whole Community, Whole Child

Recognizing the linkage between health and academic achievement, the North Carolina State Board of Education passed a *Whole School, Whole Community, Whole Child Resolution*. In healthy schools, children are more alert and focused on learning and miss less school. They not only learn better but also learn life-long healthy behaviors. Healthier schools lead to healthier students which lead to healthier communities.

The Whole School, Whole Community, Whole Child (WSCC) coordinated school health model includes ten components:

- Health Education
- Physical Education/Activity
- Nutrition Environment & Services
- School Health Services
- Counseling, Psychological & Social Services
- Social & Emotional Climate
- Physical Environment
- Staff Wellness
- Family Engagement
- Community Involvement

With all of these components in place and working together, students will be healthier in school and in class and ready to learn.

Please support the connection between health and academics at your school. For more info and resources on school health in North Carolina, visit www.nchealthyschools.org.

Monday, January 1	Tuesday, January 2	Wednesday, January 3	Thursday, January 4	Friday, January 5
No School	No School	Chicken Pattie Sandwich Cole Slaw Broccoli & Cheese Chilled Pears Fresh Fruit	Hot Dog on Bun Oven Fries Baked Beans Applesauce Fresh Fruit	Pizza Seasoned Corn Mixed Green Salad Fresh Fruit Canned Fruit
Monday, January 8	Tuesday, January 9	Wednesday, January 10	Thursday, January 11	Friday, January 12
Corn Dog w/ Roll Pintos Glazed Yams Canned Fruit Fresh Fruit	Baked Chicken w/ Roll Mashed Potatoes Broccoli & Cheese Fruit Cocktail Fresh Fruit	Mac and Cheese w/ Roll Green Beans Fresh Carrots w/ Dip Applesauce Fresh Fruit	Sloppy Joe on Bun Cole Slaw Sweet Peas Chilled Pears Fresh Fruit	Pizza Seasoned Corn Mixed Green Salad Fresh Fruit Canned Fruit
Monday, January 15	Tuesday, January 16	Wednesday, January 17	Thursday, January 18	Friday, January 19
Martin Luther King Jr Holiday	Chicken Nuggets Broccoli & Cheese Fresh Carrots w/ Dip Fruit Cocktail Fresh Fruit Roll	Hot Dog on Bun Baked Beans Oven Fries Applesauce Fresh Fruit	Marinated Chicken Legs WG Brown Rice Green Beans Glazed Yams Chilled Pears Fresh Fruit Roll	Pizza Seasoned Corn Mixed Green Salad Fresh Fruit Canned Fruit
Monday, January 22	Tuesday, January 23	Wednesday, January 24	Thursday, January 25	Friday, January 26
Chicken Nuggets WW Roll Sweet Corn Glazed Sweet Potatoes Canned Fruit Fresh Fruit	Baked Spaghetti Green Beans Fresh Carrots w/ Dip Fruit Cocktail Fresh Fruit Roll	Chicken Pattie Sandwich Cole Slaw Broccoli & Cheese Chilled Pears Fresh Fruit	Hot Dog on Bun Oven Fries Baked Beans Applesauce Fresh Fruit	Pizza Seasoned Corn Mixed Green Salad Fresh Fruit Canned Fruit
Monday, January 29	Tuesday, January 30	Wednesday, January 31		
Corn Dog w/ Roll Pintos Glazed Yams Canned Fruit Fresh Fruit	Baked Chicken w/ Roll Mashed Potatoes Broccoli & Cheese Fruit Cocktail Fresh Fruit	Mac and Cheese w/ Roll Green Beans Fresh Carrots w/ Dip Applesauce Fresh Fruit		



Milk Choices are: 1% White Milk, Fat Free Chocolate Milk, Fat Free Strawberry Milk

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Menu subject to change due to weather, calendar changes, administrative directive, equipment malfunction, and/or product availability.