



Carter G. Woodson School Breakfast Menu

November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				November 1 Assorted WG Muffin Variety of 100% Juice Chilled Mixed Fruit Choice of Milk
November 4 WG Pop-Tarts Variety of 100% Juice Chilled Applesauce Choice of Milk	November 5 No School	November 6 Assorted WG Cereal WG Graham Crackers Variety of 100% Juice Fresh Apple Choice of Milk	November 7 Turkey Sausage Biscuit Variety of 100% Juice Mandarin Oranges Choice of Milk	November 8 Assorted WG Muffin Variety of 100% Juice Chilled Mixed Fruit Choice of Milk
November 11 No School	November 12 WG French Toast Sticks w/ Syrup Variety of 100% Juice Chilled Pears Choice of Milk	November 13 Assorted WG Cereal WG Graham Crackers Variety of 100% Juice Fresh Apple Choice of Milk	November 14 Turkey Bacon Biscuit Variety of 100% Juice Mandarin Oranges Choice of Milk	November 15 Assorted WG Muffin Variety of 100% Juice Chilled Mixed Fruit Choice of Milk
November 18 WG Pop-Tarts Variety of 100% Juice Chilled Applesauce Choice of Milk	November 19 WG Pancakes w/ Syrup Variety of 100% Juice Chilled Pears Choice of Milk	November 20 Assorted WG Cereal WG Graham Crackers Variety of 100% Juice Fresh Apple Choice of Milk	November 21 Turkey Sausage Biscuit Variety of 100% Juice Mandarin Oranges Choice of Milk	November 22 Assorted WG Muffin Variety of 100% Juice Chilled Mixed Fruit Choice of Milk
November 25 WG Nutri-Grain Bar Mozzarella Cheese Stick Variety of 100% Juice Chilled Applesauce Choice of Milk	November 26 WG French Toast Sticks w/ Syrup Variety of 100% Juice Chilled Pears Choice of Milk	November 27 No School	November 28 No School	November 29 No School

Families Making the Connection

Celebrate #NCFarmers from the Mountains to the Sea!

***Menu subject to change.**

In 2023, the North Carolina General Assembly established the second Thursday in November as N.C. Farmers Appreciation Day as an opportunity to thank all our farmers and farm families. The inaugural event is November 14, 2024.

North Carolina is rich in agriculture from the mountains to the sea. The farmers that produce food, fiber, and fuel in our state do so with heart and pride. Learn more and find resources to celebrate our farmers and all they produce at <https://www.ncfarmerappreciation.com>. Recognize and thank #NCFarmers on social media using #NCFarmersAppreciationDay and #FromMountaintoSea. Tag @NCFarmersAppreciationDay.

Did you know?

- Agriculture is North Carolina's #1 industry with an economic impact of over \$100 billion dollars annually.
- There are 74,062 farmers and 46,000 farms in the state. 1,827 are centennial farms and 27 are bicentennial.
- N.C. ranks 3rd for agriculture diversity and is a top producer of sweetpotatoes, cucumbers, eggs, poultry, pork, and more.
- Most North Carolina schools participate in farm to school activities and serve locally grown foods in school meals.

Learn more at <https://www.ncfb.org/ag-in-the-classroom>, <https://gottobenc.com>, and <https://ncfarmtoschool.com>.