



# Carter G. Woodson HS Lunch Menu

# November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>November 1</b> Chicken Nuggets WG Roll Broccoli & Cheese Mashed Potatoes Applesauce Mandarin Oranges Choice of Milk Milk
<b>November 4</b> Cheese Pizza Garden Salad Carrot Sticks w/ Ranch Pineapple Tidbits Fresh Apple Choice of Milk	<b>November 5</b> No School	<b>November 6</b> Orange Chicken w/ Rice Steamed Broccoli Mixed Veggies Chilled Pineapple Fresh Apple Choice of Milk	<b>November 7</b> Chicken & Waffles Spinach Potato Wedges Fresh Fruit Chilled Peaches Choice of Milk	<b>November 8</b> Cheeseburger on WG Bun Sweet Yellow Corn Coleslaw Chilled Mixed Fruit Fresh Banana Choice of Milk
<b>November 11</b> No School	<b>November 12</b> Beefy Nachos w/ Cheese Sweet Yellow Corn Black Beans Mixed Fruit Fresh Banana Choice of Milk	<b>November 13</b> Buffalo Chicken Bites WG Roll Steamed Broccoli California Veggies Chilled Pears Fresh Apple Choice of Milk	<b>November 14</b> Beef Hot Dog on WG Bun Potato Wedges Coleslaw Fresh Fruit Chilled Peaches Choice of Milk	<b>November 15</b> Chicken Sandwich on WG Bun Green Beans Sweet Potatoes Applesauce Mandarin Oranges Choice of Milk
<b>November 18</b> Cheese Pizza Garden Salad Carrot Sticks w/ Ranch Pineapple Tidbits Fresh Apple Choice of Milk	<b>November 19</b> Chicken Nuggets w/ WG Roll Green Beans California Blend Veggies Mixed Fruit Fresh Banana Choice of Milk	<b>November 20</b> Cheeseburger on WG Bun Spinach Sweet Potato Fries Chilled Peaches Fresh Apple Choice of Milk	<b>November 21</b> Corn Dog Potato Wedges Mixed Veggies Fresh Apple Fresh Fruit Choice of Milk	<b>November 22</b> Beefy Burrito Bowl w/ Rice & Tortilla Chips Pinto Beans Sweet Yellow Corn Applesauce Mandarin Oranges Choice of Milk
<b>November 25</b> Cheese Pizza Garden Salad Carrot Sticks w/ Ranch Pineapple Tidbits Fresh Apple Choice of Milk	<b>November 26</b> Turkey, Stuffing & Gravy, Roll Green Beans Sweet Potato Souffle Mixed Fruit Fresh Fruit Choice of Milk	<b>November 27</b> No School	<b>November 28</b> No School	<b>November 29</b> No School

## Families Making the Connection

\*Menu subject to change.

### Celebrate #NCFarmers from the Mountains to the Sea!

In 2023, the North Carolina General Assembly established the second Thursday in November as N.C. Farmers Appreciation Day as an opportunity to thank all our farmers and farm families. The inaugural event is November 14, 2024.

North Carolina is rich in agriculture from the mountains to the sea. The farmers that produce food, fiber, and fuel in our state do so with heart and pride. Learn more and find resources to celebrate our farmers and all they produce at <https://www.ncfarmerappreciation.com>. Recognize and thank #NCFarmers on social media using #NCFarmersAppreciationDay and #FromMountaintoSea. Tag @NCFarmersAppreciationDay.

Did you know?

- Agriculture is North Carolina's #1 industry with an economic impact of over \$100 billion dollars annually.
- There are 74,062 farmers and 46,000 farms in the state. 1,827 are centennial farms and 27 are bicentennial.
- N.C. ranks 3<sup>rd</sup> for agriculture diversity and is a top producer of sweetpotatoes, cucumbers, eggs, poultry, pork, and more.
- Most North Carolina schools participate in farm to school activities and serve locally grown foods in school meals.

Learn more at <https://www.ncfb.org/ag-in-the-classroom>, <https://gottobenc.com>, and <https://ncfarmtoschool.com>.